

## **Welfare and Wellbeing Officer**

Hi, I am Vivek Agarwal, and I am standing to be your next welfare and wellbeing officer. I have worked as Senior Resident Tutor of Raleigh Park for two years. While working for my role, I closely understood the gravity and importance of welfare and wellbeing facilities for students. The mental and physical well-being of my fellow students is extremely important to me. I have worked closely with students union as Environment and social justice officer for Raleigh Park. As your welfare and wellbeing officer, I will make sure that the welfare facilities from both SU and University perspective is promoted in the most accessible way possible, with improvements made throughout the year.

- I will strive towards making the university Mental Health and counselling services more accessible. (Currently there is an average few-weeks wait for an appointment).
- I will strive towards setting up the Sexual Health Clinic on campus, which will examine, promote and spread awareness about sexual health.
- I will promote welfare services within Sports and Societies so that there is better communication between each individual sport/society and the Students Union.
- I will organise regular events like awareness weeks for mental health, healthy eating, sexual abuse, LGBT+ and so on.
- I will work with SU and university to explore safe and low cost student accommodation on campus and off campus.
- I will work with services like Nottingham Nightline to establish a 24 hours hotline for listening issues of university students.
- I will make sure that students feel comfortable in approaching me for any feedback on what they feel needs improving – I want to make sure that everyone feels as though they are part of the process.
- I will campaign for students to be affected as little as possible when it comes to discussing budget cuts, especially during COVID times. Your welfare is way more important than saving money.