

Main Manifesto:

Hi, I'm Alice Kosse (pronounced like coffee but with an s!), my pronouns are She/Her and I'm running to be your next Welfare and Wellbeing Officer!

I am currently a third year Classics student and, when I am not reading Latin and Ancient Greek poetry, I am passionate about making the welfare support at this university as good as it can be! University is a difficult time for many and, because of this, I think the Welfare and Wellbeing Officer role is one of the most important roles. I would be honoured to take it on and do the best I can to represent the students and prioritise their wellbeing.

**What I would do if elected:**

**1) Work with the students, for the students**

- Establish a way for students to make comments and/or complaints about the support services available at the university
- Work closely with the Welfare and Wellbeing Council, consisting of Welfare Officers and those with a welfare role within societies, to listen to what the students want in terms of welfare
- Work with Welfare student groups such as Nightline and the Welfare Network to produce more campaigns and events throughout the year

**2) Improve support available during Welcome Week**

- Create a Welfare-related stall in each hall in Welcome Week, where students can find out information about the support services available to them
- Create a Welfare stall at the Welcome Fair so that all students, including those living in private accommodation, can find more information about welfare and wellbeing at the university
- Create a Welfare Welcome box for students in halls, containing self-care items and comprehensive information about the support services available and how to contact them
- Work with the Welcome Week team to create a new type of Welcome Mentor: a welfare trained mentor specific to each accommodation, in addition to the current Welfare Mentor role, so that students feel more comfortable coming to them

**3) Improve Awareness of Support Services:**

- Create a monthly Welfare Newsletter that is emailed out to all students, containing brief information about support that is available, as well as university-wide campaigns to do with welfare.
- Improve the signage to make it clear where the Wellbeing Hub is within the Portland Building on University Park Campus
- Improve and increase the number of Welfare events and campaigns available to all students, as well as events for specific groups such as International Students and Postgraduates.

#### **4) Improve Sexual Health Services on Campus:**

- Work with the university and the HealthyU team to increase the regularity of free STI screenings on campus, along with C-Card sign-up sessions
- Improve the availability of free contraception, free post-in STI testing kits and free sanitary products across the campuses, with more locations

#### **Why Alice?**

You might be wondering, why is Alice the best candidate for Welfare and Wellbeing Officer, other than her ideas to improve students' wellbeing? I am a friendly, approachable, hardworking member of the Student's Union and have been involved greatly in the Welfare and Wellbeing branch of the SU throughout my 3 years at the University of Nottingham. Some of the societies, committees and events I have participated in include:

- **Welfare Network Committee (Media and Campaigns Coordinator 2019-20 and 2020-21)**
  - Gained knowledge about the support services available
  - Participated in events such as the Wellbeing Fair and Wellbeing Cafes
  - Worked closely with HealthyU and other university Welfare staff to create events and campaigns throughout the year
- **Classics Society - Vice President and Welfare Officer 2020-21**
  - First-hand experience in being a part of the Welfare and Wellbeing Council
  - Worked closely with students to help promote support services
- **Welfare Mentor for Welcome Week 2020**
- **Welfare Officer for Cavendish Hall JCR Committee (2018-19)**

I would be honoured to be your next Welfare and Wellbeing Officer so vote for me and vote for #ACupOfKosse!

## Summary:

I'm Alice Kosse (pronounced like coffee but with an s!) and I'm a 3rd year Classics student, campaigning to be your next Welfare and Wellbeing Officer! I am friendly, approachable, hard working and experienced in the Student's Union! I have been part of the Welfare Network Committee for two years, a Welfare Mentor for Welcome Week and Vice President/Welfare Officer of Classics Society, which has led me to be qualified for this position.

- 1) Work with the students, for the students - I will work closely with the student body and take their opinion into consideration by continuing to run the Welfare and Wellbeing Council and introducing a system for comments and complaints about welfare services
- 2) Improve Support during Welcome Week - The first week can be difficult so I will improve the support available in halls, as well as for students living in private accommodation.
- 3) Improve awareness of support services and events - I will publicise services further through a monthly Welfare newsletter and increased advertising.
- 4) Improve Sexual Health Awareness and Support Services - I will increase the availability of free post in STI kits and contraception and create more regular free STI screenings and C-Card sign up sessions.